



THE CHICAGO SOUTH SUBURBAN WOMAN'S Table of Contents

The #1 Womens' Educational Newspaper

Health & Medicine

When Your Heart Skips A Beat Page 6
Dr. Sean Tierney

Understanding HPVs and Link to Cervical Cancer
Will Promote Good Health for Women Page 8
Dr. Shaunda Chin-Bonds

Winter Skin Care Wardrobe Page 11
Carolyn Brundage

Finance

Getting Your Finances in Order Page 12
Marla Brady

Business

What Are Goals Anyway? Page 13
Kaya Singer

Life Coach

Changing for Real in the New Year Page 14
Allison Miller, PhD

FEATURE

Lincoln Mall Page 16, 17

Dining

Healthy Tips for Dining Out Page 18

Technology

Laptop or Desktop Page 20
Johnny Rogers

Arts

McCord Gallery and Cultural Center Page 21

Fashion

Creating Your Own Style Trend Page 22

Professional Organizer

Do You Have Peace Of Mind? Page 23
M. Colleen Klimczak

Books

Wellness Now!!! Page 24
Diane Randall

Golden Woman

Renaissance Academy Page 25

Young Woman

College Bound? Page 26

Mother Wit

Creative Memories Page 27

Christine O'Laughlin
Celebrate the Days Page 27

Automotive

Auto Service Repair Center:
How To Locate The Best Page 28
Tope Olowumi

Distribution Locations (Map and Locations) Page 30

Advertise With Us:

Future Advertising Deadlines

ISSUE

March/April 2007
May/June 2007
July/August 2007
September/October 2007
November/December 2007

DEADLINE

February 9, 2007
April 13, 2007
June 8, 2007
August 10, 2007
October 12, 2007

Reserve Your Space Now!

info@csswpaper.com

708-748-5306

708-748-8307 (fax)